Badminton Curriculum map

Year 7	Year 8	Year 9	KS4
PE: Racket	PE: Execute the	PE: Perform the	PE: Perform the
familiarization and	forehand and back	sweep serve and	sweep serve and
how to hold the	hand over a net	forehand and	forehand and
racket correctly.		backhand into space	backhand to deceive
Execute a forehand.	Sport: Court		an opponent.
Understand how to	familiarization recap	Sport: Court	
position yourself on	basic rules	familiarization for	Sport: Court
court.		singles and doubles	familiarization for
	Health: Know the		singles and doubles
Sport: Know the	correct energy	Health: Know the	the shift
baseline, service line	balance to maintain a	correct energy	Health:
and net.	healthy weight.	balance to maintain a	Know the correct
Health: Lifestyle		healthy weight.	energy balance to
choices & Energy	To know the		maintain a healthy
Balance	recommended	To know the	weight.
	activity level for that	recommended	
Know the correct	age group.	activity level for that	To know the
energy balance to		age group.	recommended
maintain a healthy	To know the effect of		activity level for that
weight	drugs and alcohol	To know the effect of	age group.
		drugs and alcohol	
To know the	Character Motivation		To know the
recommended	Managing pressure and	To know the impact	importance of
activity level for that	stress	of fitness/exercise on	hydration
age group.	Leadership	physical and mental	
	Sportsmanship/fair	health	To know the impact
Character Motivation	play/ Etiquette	Character Motivation	of fitness/exercise on
Managing pressure and		Managing pressure and	physical and mental
stress		stress	health
Leadership		Leadership	Character Motivation
Sportsmanship/fair		Sportsmanship/fair	Managing pressure and
play/ Etiquette		play/ Etiquette	stress
			Leadership
			Sportsmanship/fair
			play/ Etiquette

PE: Execute the back	PE: Execute the back	PE: Execute the flick	PE: Long and short
hand flick serve to	hand flick and high	and high serves into	serves to deceive
land over the service	serve over a net and	space to deceive an	opponents
line	place in the corners.	opponent.	opponents
		opponenti	
Sport: Understand	Sport: understand	Sport: Identify illegal	Sport: Point scoring
that the serve must	what illegal serve is.	serves and carry out	associated with
go over the service		the point scoring	serving in doubles.
line.		associated with	0
Lloolth, Lifestyle	Llealth, Know the	serving	
Health: Lifestyle	Health: Know the		
choices & Energy	correct energy	Health: Know the	Health; Know the
Balance	balance to maintain a	correct energy	correct energy
Keensthe environt	healthy weight.	balance to maintain a	balance to maintain a
Know the correct		healthy weight.	healthy weight.
energy balance to	To know the	nearly neight	nearly weight
maintain a healthy	recommended	To know the	To know the
weight	activity level for that	recommended	recommended
Talvaavitha	age group.	activity level for that	activity level for that
To know the		age group.	age group.
recommended	To know the effect of	~8° 8. • • P	~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~
activity level for that	drugs and alcohol	To know the effect of	To know the
age group.	Character Motivation	drugs and alcohol	importance of
Characterist	Managing pressure and		hydration
Character Motivation	stress	To know the impact	nyaration
Managing pressure and stress	Leadership	of fitness/exercise on	To know the impact
Leadership	Sportsmanship/fair	physical and mental	of fitness/exercise on
Sportsmanship/fair	play/ Etiquette	health	physical and mental
play/ Etiquette		Character Motivation	health
		Managing pressure and	nearth
		stress	Character Motivation
		Leadership	Managing pressure and
		Sportsmanship/fair	stress
		play/ Etiquette	Leadership
			Sportsmanship/fair
			play/ Etiquette
PE: Execute the	PE: Perform an	PE: Perform an	PE: Perform an
Overhead clear in	Overhead clear from	overhead and	overhead and
isolation	a serve	underarm clear	underarm clear
	1	l	

Sport: Understand why this shot is used Health: Lifestyle choices & Energy Balance Know the correct energy balance to maintain a healthy weight	Sport: Explain why this shot is used and place opponents to the back of the court Health: Know the correct energy balance to maintain a healthy weight. To know the	effectively to expose space. Sport: Select and apply this shot appropriately and identify when this shot is placed out of court. Health: Know the	effectively to expose space. Sport: Select and apply this shot appropriately and apply rules Health: Know the correct energy balance to maintain a
To know the recommended activity level for that age group. Character Motivation Managing pressure and stress Leadership Sportsmanship/fair play/ Etiquette	activity level for that age group. To know the effect of drugs and alcohol Character Motivation Managing pressure and stress Leadership Sportsmanship/fair play/ Etiquette	correct energy balance to maintain a healthy weight. To know the recommended activity level for that age group. To know the effect of drugs and alcohol To know the impact of fitness/exercise on physical and mental health Character Motivation Managing pressure and stress Leadership Sportsmanship/fair	healthy weight. To know the recommended activity level for that age group. To know the importance of hydration To know the impact of fitness/exercise on physical and mental health Character Motivation Managing pressure and stress Leadership Sportsmanship/fair
Net shot PE: Be able to execute the net shot	Net shot PE: Apply the net shot into a game	play/ Etiquette Net shot PE: Apply the net shot into a game to expose space and win a point.	play/ Etiquette Net shot PE: Link together combinations of serve, overhead clear and net shot.

Sport: Understand	Sport: To be able to		
Sport: Understand why the net shot is used	Sport: To be able to apply the net shot into space	Sport: Alter formation on court	Sport: Change positioning on court
Health: Lifestyle	Health: Know the	when playing doubles	to set up attacking shots.
choices & Energy	correct energy	Health: Know the	
Balance	balance to maintain a	correct energy	Health: Know the
Know the correct	healthy weight.	balance to maintain a	correct energy
energy balance to		healthy weight.	balance to maintain a
maintain a healthy	To know the		healthy weight.
weight	recommended	To know the	
	activity level for that	recommended	To know the
To know the	age group.	activity level for that	recommended
recommended		age group.	activity level for that
activity level for that	To know the effect of		age group.
age group.	drugs and alcohol	To know the effect of	To Los allas
Character Martin star	Character Motivation	drugs and alcohol	To know the
Character Motivation	Managing pressure and		importance of
Managing pressure and stress	stress	To know the impact of fitness/exercise on	hydration
Leadership	Leadership		To know the impact
Sportsmanship/fair	Sportsmanship/fair	physical and mental health	To know the impact of fitness/exercise on
play/ Etiquette	play/ Etiquette	nearth	physical and mental
		Character Motivation	health
		Managing pressure and	nearth
		stress	Character Motivation
		Leadership	Managing pressure and
		Sportsmanship/fair	stress
		play/ Etiquette	Leadership
			Sportsmanship/fair
			play/ Etiquette
PE: Combination	PE: Combination	PE: Combination	PE: Combination
PE: Be able to link at	Be able to link three	Be able to create a	Be able to follow a
least two shots in a	shots into a routine.	routine that links	routine of shots and
sequence		displays all shots.	create your own.
	Sport: Keep the score		, -
Sport: Keep the score	and apply singles	Sport: officiate a	Sport: Officiate a
	rules	doubles match	double and a singles
			match

Health: Lifestyle	Health: Know the	Health: Know the	Health; Know the
choices & Energy	correct energy	correct energy	correct energy
Balance	balance to maintain a	balance to maintain a	balance to maintain a
Know the correct	healthy weight.	healthy weight.	healthy weight.
energy balance to			
maintain a healthy	To know the	To know the	To know the
weight	recommended	recommended	recommended
	activity level for that	activity level for that	activity level for that
To know the	age group.	age group.	age group.
recommended			
activity level for that	To know the effect of	To know the effect of	To know the
age group.	drugs and alcohol	drugs and alcohol	importance of
			hydration
Character Motivation	Character Motivation	To know the impact	
Managing pressure and	Managing pressure and	of fitness/exercise on	To know the impact
stress	stress	physical and mental	of fitness/exercise on
Leadership	Leadership Sportsmanship/fair	health	physical and mental
Sportsmanship/fair	play/ Etiquette		health
play/ Etiquette		Character Motivation	Character Motivation
		Managing pressure and	Managing pressure and
		stress	stress
		Leadership	Leadership
		Sportsmanship/fair	Sportsmanship/fair
		play/ Etiquette	play/ Etiquette

Key concepts

These will be taught through badminton and have been referred to in the curriculum map. The knowledge in these three areas will develop over time.

1: PE-Motor competence- students will develop co-ordination (hand eye) to perform various shots and serves whilst moving around correctly.

2: SPORT- Rules, strategies and tactics-students will develop an understanding of the rules in badminton, apply strategies to outwit an opponent, attack and defend and use tactics to perform better.

3: HEALTH-Healthy participation- students will develop their aerobic endurance, reaction time, coordination, speed and agility through participating in badminton. Lessons will increase heart rate in the short term, and this will have a positive impact on health in the long term. For some students' participation in lessons will encourage students to attend extra-curricular clubs at

school and even play badminton outside of school. They will also develop their knowledge and understanding of lifestyle choices and energy balance.