



The Heights School
Burleigh Street
Burnley
Lancashire
BB12 0DU

Dear Parent/Carer

17th March 2020

You will be aware that on Thursday 12th March, the Government moved the action for tackling COVID-19 from 'containment' to 'delay'. Delay means slowing the spread, pushing it away from the winter season and lowering the peak impact. It has been made clear that schools currently will remain open, however, we have taken the decision to postpone activities that are not essential or carry excessive risk of exposure to the virus. We will continue to assess the risk of activities in and outside of school on a case by case basis.

Government advice received today 17th March 2020: If your child suffers from a cough or has a temperature of 37.8C (100F) or more, please ensure your child does not come to school and self isolates at home. Please call the school absence line and follow normal absence processes. They should remain at home until 14 days after the onset of symptoms. After 14 days if they feel better and no longer have a high temperature, they can return to their normal routine. If they had not had any signs of improvement and have not already sought medical advice, then contact NHS 111.

New advice has been issued on self-isolation where a family member may show symptoms, but others do not. Families of those self-isolating are now required to also self-isolate.

If you are under any doubt, please refer to the link below for the latest government guidance.

<https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public#what-to-do-if-you-have-symptoms>

As a school, we continue to promote good hand washing and hygiene with our pupils:

- Frequent handwashing with soap and water for at least 20 seconds
- Catch coughs or sneezes with a tissue, throw the tissue in the bin and wash hands
- Avoid touching eyes, nose and mouth with unwashed hands.

We will continue to give you regular updates as and when necessary to ensure the correct information is shared.

Yours sincerely,

A handwritten signature in blue ink, appearing to read 'Susannah Berry'.

Susannah Berry
Headteacher



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