



Westhoughton High School Bullying Information for Parents

Bullying is any repeated deliberate behaviour that physically or emotionally hurts someone



Emotional	Physical
Being unfriendly, excluding, tormenting	Pushing, kicking, hitting, punching or any use of violence
Verbal	Cyber
Name-calling, sarcasm, spreading rumours, teasing	All areas of internet, mobile phone threats by text messaging or calls, misuse of associated technology i.e. camera

Is my child being bullied?

Victims of bullying may show a range of different characteristics and behaviours, however the most important sign that something may be wrong is a change in their usual behaviour. Some other common signs are:

- Being unusually quiet and reluctant to join in
- Tearful
- Angry outbursts
- Appearing anxious or worried
- Reluctance to go to school
- Tiredness
- Obvious bruising or marks
- Ripped clothing
- Missing equipment or belongings without explanation

Communication is extremely important, talk with your child if you have concerns about them. School staff will always be happy to listen to your concerns about the wellbeing of your child and will offer guidance and support.

Anonymous reporting QR code on anti-bullying section of school website and in student planners and posters around school.

<https://www.westhoughton-high.org/together-against-bullying/>

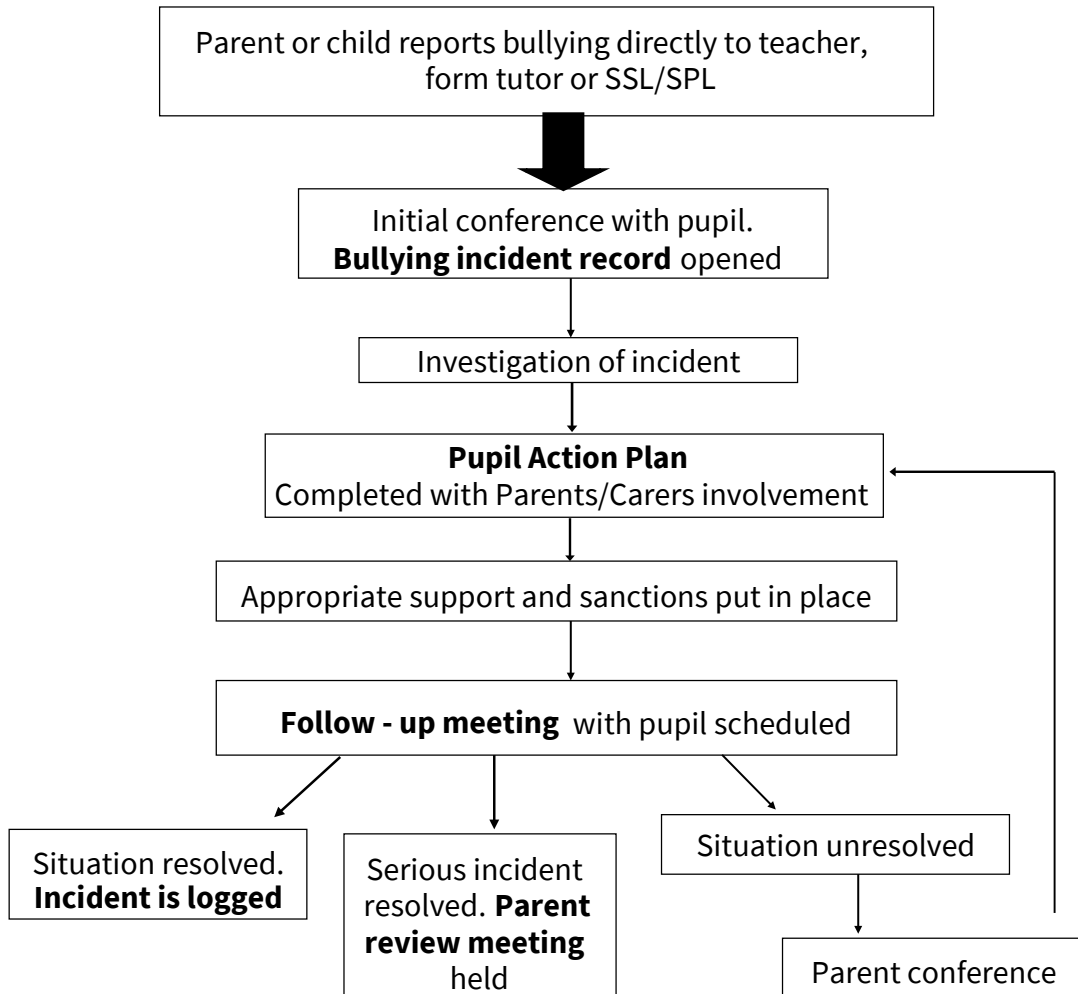




Bullying is a personal issue which will require a range of responses appropriate to individual situations. Our priority is to deal with incidents sensitively and efficiently to minimise their negative impact on members of our school community. We openly encourage incidents to be reported and we provide clear guidelines on the most appropriate action to be taken.



System of Reporting



Where a bullying situation remains unresolved after a second action plan the incident will be referred to SSL/SPL or Assistant Headteacher for further action. Parents will be fully involved at all this stage.





Examples of support for inclusion in action plan

- Peer mentoring
- Counselling and self-esteem work
- Regular follow up reviews with parental involvement
- Clear sanctions for bullying behaviour in accordance with school behaviour policy
- Programme of intervention and support for bullying behaviour



5 Golden Rules when dealing with bullying

Never ignore suspected bullying

Do not make premature assumptions

Listen carefully to all accounts

Adopt a problem solving approach

Follow up repeatedly

Who to contact

(use the space below to record the names of school staff working directly with your child)

- Form Tutor
- SSL
- SPL
- Assistant Headteacher





What does Westhoughton High School do to prevent bullying?

The personnel of Westhoughton High School will do all that they can to prevent bullying incidents and will strive to create a positive and supportive environment for the whole school community. Specifically, the following measures will be taken:

- Anti-Bullying Ambassadors
- Anti-Bullying week
- Assembly programme
- Anti-Bullying policy will be issued in pupil friendly format
- Form time activities
- RSV programmes of study
- Mentoring programmes
- E-safety programme with a focus on cyberbullying

Further advice and support can be accessed by pupils from:



Contact school if you have any concerns regarding a bullying issue

01942 814122

whsoffice@westhoughton-high.org

Y7pastoralteam@westhoughton-high.org

Y8pastoralteam@westhoughton-high.org

Y9pastoralteam@westhoughton-high.org

Y10pastoralteam@westhoughton-high.org

Y11pastoralteam@westhoughton-high.org

