



REF: LTR/HCK/GBY

Dear Parents/Carers

15<sup>th</sup> March 2023



We are delighted to inform you that we have registered for Pets As Therapy visits, which can help to give students opportunities to increase their confidence and sense of well-being.

## PETS AS THERAPY



We are welcoming Baille, a Pets As Therapy (PAT) registered Dog into school to work with our students. These dogs are specially registered dogs who normally visit in hospitals, hospices and care homes etc. He will remain on the lead and under control at all times and will be under the close supervision of the PAT Dog's owner, who is a member of the school staff.



Some of the benefits that are associated with working with Pets As Therapy Dogs include:

- Helping to improve motivation and engagement
- Providing a sense of security and emotional support
- Promoting relaxation - petting an animal lowers blood pressure, heart rate and increases oxytocin (a feel-good chemical in the brain)
- Increasing self-confidence and self-esteem



We will be introducing Baille into the school over the next few weeks to become familiar with the site and the surroundings and he will then be present in sessions with our school counsellor.

Your child may be invited to attend sessions with Baille; therefore we ask that all parents reply to this synergy message to give consent. If your child cannot participate due to allergies or phobias, please also make us aware and we can update our records.

Thank you for your support.

Yours sincerely

Mrs G Bailey  
Business Manager

