#### LUNCH MENU

### **SPRING SUMMER**

WEEK ONE 16<sup>th</sup> June, 7<sup>th</sup> July, 28<sup>th</sup> July, 8<sup>th</sup> Sept, 29<sup>th</sup> Sept, 20<sup>th</sup> Oct 2025

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday		
ST*R DISH	Spring Harvest Quesadilla with Cheese, Potato, Spring Onion and Tomato Salsa (V)	Chilli BBQ Beef & Bean Ragu with Penne	Roast Chicken with Gravy & Roasties	Chicken, Tomato & Coconut Dhal with Steamed Mixed Rice	Sustainably Sourced Battered Fish & Chips		
MEAT	Crispy Onion Mac & Cheese (V)	Falafel Power Bowl with Hummus, Grains, Rice & Salad (Ve)	Roast Quorn with Gravy & Roasties क्र	Roasted Coriander Sweet Potato & Chickpea with Tomato & Coconut Dhal with Steamed Mixed Rice (Ve)	Cheese & Tomato Pizza & Chips 낮아 []		
ĞRAB & GO+	Vegan Sausage Roll (Ve)	Shawarma Power Bowl with Chicken, Chickpeas, Grains, Rice & Salad	Roasted Vegetable & Hummus Panini	Loaded Wedges with BBQ Chicken Beans & Roasted Sweetcorn	Pepperoni Pizza & Chips		
PMT 'N' TASTY	Tomato & Basil Pasta बुद्देम	Chicken Tikka & Steamed Rice 같아야 하는 사용	Avocado Pulse Buddha Bowl	Sweet & Sour Chicken & Rice 美과 같	Pasta Arrabbiata कुट्रीम		
	Broccoli, Baked Beans Mixed Salad, Crisp Garlic Bread	Fajita Roasted Sweetcorn & Peppers, Persian Slaw, Baked Beans Mixed Salad	Country Mixed Vegetables, Baked Beans 🚰 🖟 🛸, Mixed Salad	Baked Beans Garden Salad, Sri Lankan Vegetable Salad, Wedges	Peas, Baked Beans		
T DAY'S DESSERTS	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day		
Slow-Release Energy Foods in the althy Gut in the althy G							
V - Vegetarian VE - Vegan							

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'Pizza' Macaroni Cheese (Y) with Beef, Lentils & Mixed Rice Crispy Roasties & Pan Gravy 'Mixcheese and Arrobbiata Sauce & Penne Pasta Sourced Batt Fish & Chi   Buffalo Cauliflower & Mixed Bean Burrito Surrito Cheesy Quorn Meatballs with Arrobbiata Sauce & Penne Pasta Roasted Sweet Potato & Cheese Tartwith Roast Surrito Vegemince Cottage Pie Surrito Cheese To Pizza   Vegetable Chilli & Rice Surrito Cheesy Quorn Meatballs with Arrobbiata Sauce & Penne Pasta Surrito Roasted Sweet Potato & Cheese Tartwith Roast Surrito Vegetable Cottage Pie Surrito Cheese To Pizza   Vegetable Chilli & Rice Surreto Avocado Pulse Buddha Bovl Surreto Pasta Primavera (Ve) Sticky Honey Hotdag & Onions Pepperoni Piz Chips Surreto   Vegetable Korma & Mixed Rice Surreto Tomato & Basil Pasta Chicken Jalfrezi & Steamed Rice Steamed Rice Steamed Rice Stadd Vegetable Roas Steamed Rice Steamed Rice Surreto Mixed Beans Surv, Baked Beans Surv, Salad Baked Beans Surv, Salad Peasta Primavera (Vegetables, Salad Baked Beans Surv, Garlic Green Beans, Garden Peasta Primavera Salad Seasonal Mixed Salad Salad		Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
& Mixed Bean Burrito Image: Second Mixed Burrito Image: Second Mixed Burrito Image: Second Mixed Burrito Image: Second Mixed Burrito Image: Second Mixed Burrito Image: Second Mixed Burrito Image: Second Mixed Beans Image: Second Mixed Second Mixed Beans Image: Second Mixed Second Second Second Mixed Second Second Second Second Second Second Second Second Second Second Second Second Second Se	ST*R DISH	'Pizza' Macaroni Cheese (V)	with Beef, Lentils & Mixed Rice	Crispy Roasties & Pan Gravy	with Cheese and Arrabbiata Sauce & Penne Pasta	
Rice Buddha Bowl (Ve) Hotdog & Onions In Chips   Vegetable Korma Mixed Rice Tomato & Basil Chicken Jalfrezi & Steamed Rice Veggie Pasta Pot Beef Bologr   Mixed Rice Image: Steamed Rice Image: Steamed Rice Veggie Pasta Pot Beef Bologr   Mixed Rice Image: Steamed Rice Image: Steamed Rice Veggie Pasta Pot Beef Bologr   Broccoli, Baked Fajita Roasted Seasonal Mixed Seasonal Mixed Veggtables, Baked Beans   Mixed Salad, Crisp Fajita Roasted Sweetcorn & Pepers, Persian Salad Salad Baked Beans Peas, Baked Image: Salad   Salad Salad Salad Salad Salad Salad Salad Salad	MEAT	& Mixed Bean Burrito	Meatballs with Arrabbiata Sauce & Penne Pasta	Potato & Cheese Tart with Roast Potat <u>oe</u> s	Pie	& Chips
& Mixed Rice Pasta   Pasta Pasta	ĞRAB &GO÷	-	Buddha Bowl	(Ve)		
Beans Image: Construction of the constru	Pat 'N' TASTY	& Mixed Rice	Pasta	Steamed Rice		Beef Bologness Pasta Pot Jacket Potato w Salmon Mayonno 454 6
	SIDES	Beans 辩 🔆 🤹, Mixed Salad, Crisp	Sweetcorn & Peppers, Persian Slaw, Baked Beans	Vegetables, Baked Beans	Slaw, Garlic Green Beans, Garden	Peas, Baked Bea Peas, Baked Bea Salad
	G⇔DAY'S DESSERTS					Dessert of the Day
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#### LUNCH MENU

# **SPRING SUMMER**

WEEK THREE 9th June, 30th June, 21st July, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov 2025

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	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
ST*R DISH	Roasted Cauliflower Cheese Tart with Homebaked Potato Wedges	Beak Street Chicken with Savoury Rice & BBQ Glaze	Greek Style Layered Beef & Pasta Bake Masta Bake	Butter Chicken & Chickpea Curry with Rice	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Goujons & Chips 45
MEAT	Vegetable Bolognese Pasta with Garlic Bread Slice 季季 茶 藝	Brazilian Vegetable Stew with Savoury Rice (Ve)	Greek Style Vegetable Pastitsio (Layered Pasta Bake)	Roasted Cauliflower & Sweet Potato "Butter" Curry with Rice (V)	Cheese & Tomato Pizza & Chips # 달
ĞRАВ & Go+	Vegetable Cheeseburger (V)	Cheese & Tomato Pizza	Chicken Sausage Roll	BBQ Veggie Melt (V)	Pepperoni Pizza & Chips
PIET 'N' TASTY	Vegetable Tikka Masala with Mixed Rice 내 규가 ※ 👼	Pesto & Penne Pasta 450	Oriental Chicken & Rice	Tomato & Basil Pasta Pot (Ve) എ≨⊪	Beef Bolognese Pasta Pot 없ー하는 《
SIDES *	Broccoli, Baked Beans 👫 🌾 🥌 , Mixed Salad, Crisp Garlic Bread	Baked Beans Garden Salad, Roasted Sweetcorn, Wedges	Italian Garden Salad, Country Mixed Vegetables	Baked Beans	Peas, Baked Beans
To DAY'S DESSERTS	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day
	u-Release rgy Foods	ra ny Gut Srain Boost	Contains Calcium	Contains Iron	Contains Protein

V - Vegetarian VE - Vegan