

Menu

↳ Street Kitchen



Name	Portion Name	Portion Size g	Label Energy kcal	Label Energy kJ	Label Carbohydrate g	Label Protein g	Label Sugars g	Label Rating
Monday Week 1			1750	7372	251	73	29.5	
Slow Roasted Tomato & Mozzarella	1 Serving	310	363	1528	55	10	7.6	0.00
Slow Cooked Spaghetti Bolognese	1 Serving	311	502	2113	66	26	8.7	-2.00
Crispy Chicken Wrap with Spicy Sal	1 Serving	188	426	1789	49	17	3.5	0.00
Vegetable Dhansak with Turmeric Ri	1 Serving	344	407	1723	74	17	8.1	-5.00
Sweetcorn	1 Serving	80	52	219	6.5	2.7	1.6	-3.00
Tuesday Week 1			2650	11108	296	101	34	
BBQ Hunters Chicken with Paprika &	1 Serving	312	462	1931	30	26	3.7	-3.00
Indian Tapas Pot with Mango Chutne	1 Serving	172	423	1778	66	7.9	7.9	7.00
Roasted Vegetable & Mexican Bean	1 Serving	370	501	2102	70	13	6.5	-3.00
Build Your Own Signature Burger	1 Serving	251	536	2247	52	25	7	10.00
Chargrilled Signature Burger	1 Serving	237	534	2236	51	25	6.8	10.00
Spiced Potato Wedges	1 Serving	157	185	775	26	3.1	0.9	-6.00
Mixed Salad	1 Serving	63	9	39	1.4	0.5	1.2	0.00
Wednesday Week 1			2076	8715	227	104	29.7	
Honey Roast Gammon with Gravy	1 Serving	129	211	882	3.3	20	3.1	5.00
Skin-On Roast Potatoes	1 Serving	161	214	896	26	3.1	0.9	-6.00
Macaroni Cheese	1 Serving	347	702	2940	71	29	12	3.00
vegetable Medley	1 Serving	80	46	194	6	2.6	2.8	-4.00
Hot Roast Gammon Baguette	1 Serving	250	445	1882	66	32	4.3	1.00
Meatball Marinara Sub	1 Serving	245	458	1921	55	17	6.6	3.00
Thursday Week 1			2171	9075	200	74	21.5	
Plant Based Sausages with Crushed	1 Serving	353	538	2246	43	19	6	-3.00
Jumbo Sausage with Crushed New I	1 Serving	352	660	2751	52	18	3.9	4.00
Carrots	1 Serving	80	33	140	6.3	0.5	5.9	-1.00
Hand Stretched Margherita Strombo	1 Serving	206	407	1718	67	15	2	3.00
Hot Nachos topped with Beef Chilli,	1 Serving	271	533	2220	32	21	3.7	3.00
Friday Week 1			3004	12597	368	102	47	
Battered Fish with Chips	1 Serving	239	431	1806	44	16	1.1	-2.00
Crispy Chicken Burger & Chips	1 Serving	227	516	2163	59	19	6.6	-1.00
Spicy Bean Burger in a Soft Bap & C	1 Serving	326	620	2604	89	17	9.3	-3.00
Garden peas	1 Serving	80	76	318	8.8	5.5	1.8	-7.00
Baked Beans	1 Serving	80	74	310	10	3.6	5.4	-1.00
Loaded Jacket with Cheese, Bacon &	1 Serving	325	369	1550	47	15	3.4	-1.00
Loaded Fries with Cheese, Bacon &	1 Serving	242	360	1507	38	14	2.8	1.00
Sweet Chilli & Soy Glazed Vegetable	1 Serving	279	558	2339	72	12	17	2.00
Monday Week 2			2077	8718	235	87	33.1	
Hickory Smoked Chicken Burger in :	1 Serving	377	643	2698	71	30	9.5	-1.00
Caribbean Pasta Bake	1 Serving	232	385	1619	55	9.5	9.8	4.00
Sweetcorn	1 Serving	80	52	219	6.5	2.7	1.6	-3.00
Crispy Chicken Wrap with Cool May	1 Serving	188	473	1981	49	17	3	3.00
Blackbean Pork with Green Peppers	1 Serving	270	524	2201	53	28	9.2	3.00
Tuesday Week 2			1591	6700	219	78	18.8	

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Chilli Con Carne, Tortilla Chips & St	1 Serving	250	450	1890	57	19	2.1	0.00
Plant Based Chilli with Tortilla Chips	1 Serving	251	381	1611	64	18	4.1	-4.00
Thai Red Vegetable & Noodle Pot	1 Serving	165	356	1495	49	9.2	6.2	4.00
Garden peas	1 Serving	80	76	318	8.8	5.5	1.8	-7.00
Greek Chicken Gyros	1 Serving	238	328	1386	40	26	4.6	-4.00
Wednesday Week 2			2287	9576	215	100	24.2	
Marinated Roast Chicken with Skin-Off	1 Serving	257	451	1880	22	25	1	-4.00
Veggie Sausage Toad with Skin-On Fries	1 Serving	345	514	2155	51	25	5.9	-6.00
Skin-On Roast Potatoes	1 Serving	161	214	896	26	3.1	0.9	-6.00
Carrots	1 Serving	80	33	140	6.3	0.5	5.9	-1.00
Jumbo Hot Dog with Sauce Selection	1 Serving	239	648	2708	60	21	7.1	14.00
Chicken & Chorizo Paella	1 Serving	234	427	1797	50	25	3.4	-3.00
Thursday Week 2			2115	8887	269	88	24	
Creamy Chicken & Sweetcorn Pasta	1 Serving	297	818	3442	106	40	7.9	1.00
Falafel Burger with Paprika Wedges	1 Serving	367	559	2355	87	20	5.9	-4.00
Green Beans	1 Serving	80	23	98	2.6	1.5	1.8	-3.00
Smothered Roasties with Pulled Chicken	1 Serving	243	398	1661	26	18	0.9	-4.00
Spinach & Chickpea Jalfrezi with Lemon	1 Serving	255	317	1331	47	8.9	7.5	-2.00
Friday Week 2			3069	12860	355	103	41	
Breaded Fish with Chunky Chips	1 Serving	245	406	1707	54	14	0.6	-2.00
Jumbo Sausage with Chunky Chips	1 Serving	234	522	2178	42	17	1.6	5.00
Homemade Cheese & Potato Pie with	1 Serving	348	789	3300	81	23	3.2	2.00
Garden peas	1 Serving	80	76	318	8.8	5.5	1.8	-7.00
Baked Beans	1 Serving	80	74	310	10	3.6	5.4	-1.00
Loaded Jacket with Cheese, Bacon &	1 Serving	325	369	1550	47	15	3.4	-1.00
Loaded Fries with Cheese, Bacon &	1 Serving	242	360	1507	38	14	2.8	1.00
Hoi Sin Vegetable & Noodle Stir Fry	1 Serving	196	473	1990	74	11	22	6.00
Monday Week 3			1546	6511	225	63	35.7	
Sweet & Sour Chicken Balls & Wok	1 Serving	283	463	1951	66	21	12	3.00
Roasted Spiced Tomato & Mediterranean	1 Serving	210	320	1352	58	10	9	-2.00
Green Beans	1 Serving	80	23	98	2.6	1.5	1.8	-3.00
Crispy Chicken Wrap with Sweet Chilli	1 Serving	188	444	1865	54	17	8.3	2.00
Spanish Bean Stew with Patatas Bravas	1 Serving	333	296	1245	44	13	4.6	-9.00
Tuesday Week 3			2406	10109	281	116	38.6	
Jerk Chicken Drumstick with Rice &	1 Serving	376	675	2836	59	51	7	-2.00
Caribbean Vegetable Curry with Rice	1 Serving	215	377	1589	64	7.6	14	2.00
Rainbow Slaw	1 Serving	83	69	287	5.1	0.9	4.1	-4.00
TUGO Mac N Cheese Pasta Pot	1 Serving	160	352	1479	48	14	2.4	3.00
Build your own burrito - Beef	1 Serving	301	549	2309	69	23	6.2	-1.00
Mexican Chilli Beef Burrito	1 Serving	225	384	1609	36	19	4.9	-1.00
Wednesday Week 3			1565	6575	181	80	26.2	
Slow Roast Pork, Apple Sauce, Skin	1 Serving	230	348	1455	26	18	4.9	-3.00
Marinated Roast Quorn Fillet with Skin	1 Serving	213	250	1047	23	11	1.8	-4.00
Carrots	1 Serving	80	33	140	6.3	0.5	5.9	-1.00
BBQ Pulled Pork Baguette	1 Serving	237	492	2073	69	28	6.1	-1.00
Chicken Tikka Massala with Steamers	1 Serving	260	442	1860	57	22	7.5	-1.00

Thursday Week 3			2077	8715	221	96	43	
Italian Sausage & Tomato Pasta Bak	1 Serving	308	823	3445	80	31	7.6	12.00
Roasted Vegetable & Mozzarella Las	1 Serving	255	312	1309	38	7	11	4.00
Broccoli	1 Serving	80	30	128	1.4	3.5	1.2	-4.00
Cajun Chicken Burger with Sour Cre	1 Serving	226	433	1819	45	26	7.5	0.00
Asian Pulled Pork Bao Bun with Kir	1 Serving	314	479	2014	57	28	16	1.00
Friday Week 3			2938	12304	324	97	36.3	
Battered Fish with Chips	1 Serving	239	431	1806	44	16	1.1	-2.00
Jumbo Sausage with Chunky Chips	1 Serving	234	522	2178	42	17	1.6	5.00
Vegan Sausage Roll & Chips	1 Serving	240	530	2219	59	13	2.2	2.00
Garden peas	1 Serving	80	76	318	8.8	5.5	1.8	-7.00
Baked Beans	1 Serving	80	74	310	10	3.6	5.4	-1.00
Loaded Jacket with Cheese, Bacon &	1 Serving	325	369	1550	47	15	3.4	-1.00
Loaded Fries with Cheese, Bacon &	1 Serving	242	360	1507	38	14	2.8	1.00
Oriental BBQ Vegetable Stir Fry Noo	1 Serving	284	576	2416	75	13	18	3.00
Meal Deal Desserts			1004	4203	124	13.3	75	
Flapjack - Meal Deal	1 Serving	104	482	2013	55	5.3	30	16.00
Chocolate Brownie - Meal Deal	1 Serving	68	253	1060	33	4.2	22	18.00
Iced Sponge - Meal Deal	1 Serving	71	269	1130	36	3.8	23	19.00
TOTALS:								
AVERAGES:			372	1558	18.7	6.5	3.6	