



Westhoughton Against Bullying Anti-Bullying Pupil Policy



Bullying is any repeated deliberate behaviour that physically or emotionally hurts someone



| Emotional | Physical |
|---|---|
| Being unfriendly, excluding, tormenting | Pushing, kicking, hitting, punching or any use of violence |
| Verbal | Cyber |
| Name-calling, sarcasm, spreading rumours, teasing | All areas of internet, mobile phone threats by text messaging or calls, misuse of associated technology i.e. camera |









CulturalDiversity

Westhoughton High School has a zero tolerance approach to Bullying of all kinds. We believe that it is the right of every student and every staff member to work in a positive and safe environment and that it is the responsibility of everyone to make sure that this happens.

What should you do if you are being bullied?







What should you do if you are being bullied?



Tell someone. The bully's biggest friend is silence. You need to find someone that you trust—a friend, a teacher, a relative and let them know what is happening. Bullies will rely on you keeping quiet they don't like to be challenged.



Don't worry. Our main priority is to stop the bullying. We will work with you to develop a plan of practical things that we can do to help. We will find a way to make things better.





How can I report bullying in school?

You can talk to any member of staff, however specific people who are here to help are: Your form tutor



Your Student Support Leader (SSL) Your Student Progress Leader (SPL) Assistant Headteacher KS3 - Mr Parkinson Assistant Headteacher KS4 - Mr Dignam



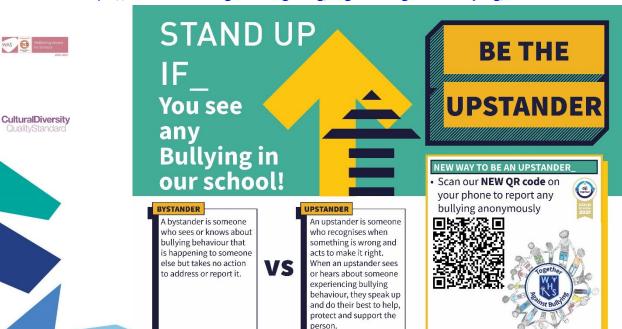
If you want a parent or friend to call school on your behalf the numbers are: 01942 814122





Anonymous reporting QR code on anti-bullying section of school website and in student planners and posters around school.

https://www.westhoughton-high.org/together-against-bullying/







Where else can I get advice from?

























If you report bullying what can you expect to happen?

You will always be taken seriously

Your concerns will be fully investigated

You will work together with a member of staff on an action plan to resolve the bullying

You will never be forced into an action that you do not feel comfortable with

You will be given support and will receive regular follow up





Any Questions?.....

















I am worried about talking to someone, wont it just make the problem worse?

This is the main fear of bullying victims. Most of the time telling someone about a bully helps to sort out the problem straight away. If the situation has not got better, or even become worse you must not give up. Go back and explain to the person helping you. The school can now use a range of serious actions to protect and support you.

My friends are picking on someone- what should I do?

No-one

I was picking on someone- what should I do?

No-one

I was pourself. No-one

I was pourself. No-one

I was pourself. No-one

I was pourself. No-one

I was pourself friends easy but you need to either

I was persuade them their friends easy but you need to either

I was persuade of the group

I was persuade them their behaviour is wrong OR distance

I was proved the group

I was proved the group

I was proved to some of the group

I was prov

I know that someone is being bullied should I get involved?

If you see another pupil suffering or looking threatened and you ignore the situation then you are allowing bullying to win and you are making sure someone's suffering continues. If you are confident enough stop the situation and point out how wrong the behaviour is. Perhaps you could take the victim to a teacher and explain what you saw. If you are nervous about stepping in you can simply report what you saw. This can be done directly to a teacher or can be done anonymously via the school website.

