

Table Tennis Curriculum map

Year 7	Year 8	Year 9	KS4
<p>Grip of Bat and basic control- Open, closed and neutral position</p> <p>(1,3) A</p>	<p>Recap of Grip / push shots. Students will apply the push shots in a competitive situation, focussing on accuracy and positioning.</p> <p>(1,3) A</p>	<p>Push Shots- To be able to apply the push shots in a competitive situation, focussing on accuracy and positioning.</p> <p>(1,3) A</p>	<p>Attacking shots- To be able to apply the attacking shots in a competitive situation, focussing on accuracy and positioning.</p> <p>(1,2,3)</p>
<p>Introduce the backhand push shot- hold paddle at belly button and push forward, neutral position</p> <p>(1,3) B</p>	<p>Drive Shots- Students will apply the drive shots in a competitive situation, focussing on accuracy and positioning.</p> <p>(1,3) B</p>	<p>Block- To be able to apply the block in a competitive situation, focussing on accuracy and positioning.</p> <p>(1,3) B</p>	<p>Defensive Shots (Blocking and Chopping)- To be able to apply the defending shots in a competitive situation, focussing on accuracy and positioning</p> <p>(1,2,3)</p>
<p>Serve- To be able to understand the basic techniques and rules associated with the service in Table Tennis. To be able to apply this to begin rallies and small scoring games.</p> <p>(1,2,3) C</p>	<p>Serving- Plain (without spin) / Chop (backspin) / Topspin / Sidespin They will know their own strengths and weaknesses within the application of the serve.</p> <p>(1,3) C</p>	<p>Serving- To be able to understand the different techniques of Advanced serves- forehand and backhand sidespin serve (pendulum serve) introducing disguise/deception using spin.</p> <p>(1,3) C</p>	<p>Serving / returning serve- To be able to recognise their own strengths and weaknesses within the application of the serve and on the return of other serves. To be able to understand when to use each serve based on their opponent and position in a game.</p>

			(1,2,3)
<p>Back Hand Drive-</p> <p>To be able to learn and understand the technique involved in the backhand drive. To be able to apply the backhand drive in a competitive situation, focussing on accuracy and positioning.</p> <p>(1,3) D</p>	<p>Chop-</p> <p>Students will learn and understand the technique involved in the chop. They will apply the shot in cooperative situations, focussing on consistency and accuracy.</p> <p>(1,3) D</p>	<p>Smash-</p> <p>To be able to learn and understand the technique involved in the smash. To be able to apply the smash in a competitive situation, focussing on accuracy and positioning.</p> <p>(1,3) D</p>	<p>Game Play-</p> <p>To be able to select and apply intermediate skills/techniques in a competitive situation. To be able to analyse their performance.</p> <p>(1,2,3)</p>
<p>Forehand Push-</p> <p>To be able to understand the technique involved in the forehand push. To be able to use forehand push in a competitive situation, focusing on accuracy and positioning.</p> <p>(1,3) E</p>	<p>Top spin-</p> <p>To be able to understand and demonstrate the technique involved in the top spin shot. (Contact the ball slightly sideways, Bat angle is closed over the ball, The arm action is from below, upwards and forwards). To be able to apply the topspin shot in a competitive situation, focusing on accuracy and positioning.</p> <p>(1,3) E</p>	<p>Loop-</p> <p>To be able to learn and understand the technique involved in the loop. To be able to apply the loop in a competitive situation, focussing on accuracy and positioning.</p> <p>(1,3) E</p>	<p>Tactical Play-</p> <p>To be able to evaluate and discuss the following tactical ideas:</p> <ol style="list-style-type: none"> 1. To get the ball on the table. 2. The accurate way to get the ball to certain areas of the table. <p>(1,2,3)</p>
<p>Forehand Drive-</p> <p>To be able to understand the technique involved</p>	<p>Game Play-</p> <p>To be able to select and apply foundation</p>	<p>Game Play-</p> <p>To be able to demonstrate the ability to outwit an</p>	<p>Tactical Play-</p> <p>The ability to apply pressure to areas of the table and</p>

<p>in the backhand push. To be able to apply the shot in cooperative rallies, focusing on consistency and accuracy.</p> <p>(1,3) F</p>	<p>skills/techniques in a competitive situation. To be able to utilise their serve as a means of gaining the upper hand in a rally and also keep score in a game. To be able to understand when and why they have been successful.</p> <p>(1,2,3) F</p>	<p>opponent in a game situation using the appropriate skills and techniques. The pupils are to demonstrate their knowledge and understanding of the rules in table tennis officiating. To demonstrate the ability to evaluate performances and suggest ways to improve.</p> <p>(1,2,3) F</p>	<p>the opponent with different types of spin, amounts of spin and different speeds to create openings to hit winners. They will know when and why they have been successful and will be able to analyse the performance of others in the same way, to gain an advantage.</p> <p>(1,2,3)</p>
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Key concepts: (referenced by a number above for lessons)

These will be taught through table tennis and have been referenced in the curriculum map. The knowledge in these 3 areas will develop over time.

1. **Motor competence**- students will develop coordination (hand-eye) in order to perform the variety of shots and serves whilst being able to move around the court.
2. **Rules, strategies & tactics**- students will develop an understanding of the rules in table tennis, apply strategies to outwit an opponent, attack and defend and use tactics to perform better.
3. **Healthy participation**- students will develop their muscular endurance, reaction time, coordination and agility through participating in table tennis. Lessons will increase heart rate in the short term and this will have a positive impact on health in the long term. For some students participation in lessons will encourage students to attend extra curricular clubs at school and even play badminton outside of school.