

A conversation at the pharmacy

¿Cuál es el problema?

- What is the problem?

Me duele el estómago - I have stomach ache

Me duele el brazo - I have a sore arm

Me duele el dedo - I have a sore finger

Me duele el pie - I have a sore foot

Me duele el hombre - I have a sore shoulder

Me duele la cabeza - I have a head ache

Me duele la garganta - I have a sore throat

Me duele la pierna - I have a sore leg

Me duele la rodilla - I have a sore knee

Me duele la oreja – I have earache

Me duele la espalda - I have a sore back

Me duelen los dientes - I have teethache

Me duelen los pies - I have sore feet

Me siento enfermo/a - I feel ill

Me siento mal - I feel bad

Estoy cansado/a - I am tired

No estoy bien - I am not well/good

Tengo frío - I am cold

Tengo calor - I am hot

Tengo sed - I am thirsty

Tengo fiebre - I have a fever

Tengo gripe - I have the flu

Tengo un resfriado

I have a cold

Desde hace cuánto tiempo?

- How long for?

Desde un día - For a day

Desde dos días - For two days

Desde una semana - For a week

Desde un mes - For a month

Vaya al médico - Go to the doctor's

Quédese a la cama - Stay in bed

Beba agua - Drink water

Tome jarabe - Take some (cough) syrup

Tome aspirina - Take some aspirin

Key ideas

At the pharmacy

What happened?

Am I healthy?

Recommendations

Future plans



Recommendations

Para estar en forma - To be in shape

Para mantenerse en forma - To stay in shape

se debe - you must

hay que - you have to

no se debe - you mustn't

no hay que - you mustn't

comer bien - (to) eat well

comer bastantes verduras / bastante fruta

- (to) eat enough vegetables / fruit

beber mucha agua - (to) drink a lot of water

hacer mucho ejercicio - (to) do a lot of exercise

hacer deporte - (to) do sport

ir al gimnasio - (to) go to the gym

dormir ocho horas cada noche –

(to) sleep 8 hours each night

evitar el estrés - (to) avoid stress

Talking about what happened

Jugaba al fútbol

I was playing football

Hacía boxeo - I was doing boxing

Volvía del instituto

- I was returning from school

cuando - when

me rompí la nariz - I broke my nose

me corté el dedo - I cut my finger

me quemé al sol - I got sunburnt

me hice daño en el brazo - I hurt my arm

Am I healthy?

Estoy en forma - I am healthy

No estoy en forma - I am not healthy

Para estar en forma - To stay healthy

Afortunadamente - Fortunately

Desafortunadamente - Unfortunately

no fumo - I don't smoke

como mucha fruta - I don't eat a lot of fruit

bebo mucha agua - I drink a lot of fruit

nunca bebo coca cola - I never drink coke

muchas veces hago deporte

- I often do sport

no como bastantes verduras

- I don't eat enough vegetables

Es bueno para la salud - It's good for the health

Es malo para la salud - It's bad for the health

Llevo una vida sana - I lead a healthy life

No llevo una vida sana

- I don't lead a healthy life

Key verbs in the preterite, present and future tenses

Desayuné – For breakfast I ate

Comí – I ate / For lunch I ate

Cené – For my evening meal I ate

Bebí – I drank

Jugué – I played

Hice - I did / made

Fui – I went

Evité – I avoided

Desayuné – For breakfast I eat

Como – I eat / For lunch I eat

Ceno – For my evening meal I ate

Bebo – I drink

Juego – I drink

Hago – I do / make

Evito – I avoid

Voy a desayunar – For breakfast I am going to eat

Voy a comer

– I am going to eat / For lunch I am going to eat

Voy a cenar – For my evening meal I am going to eat

Voy a beber – I am going to drink

Voy a jugar – I am going to play

Voy a hacer – I am going to do / make

Voy a ir – I am going to go

Voy a evitar – I am going to avoid

El fin de semana pasado – Last weekend

La semana pasada – Last week

Normalmente – Normally

Cada semana – Each week

La semana que viene – Next week

La próxima semana – Next week

Using a range of language improves the quality of our speaking and writing and allows us to access more challenging texts!

Year 9 Topic 4: Transferable Knowledge



Key verbs in the present tense

Some verbs are radical, also called stem changing, verbs.

After removing the ending (-Ar, -Er, -Ir), the last vowel changes in all parts of the verb except for we and you plural / informal.

EG: Querer -> Quiero

*irregular first person

Verbs about being unwell

Dolerse – To be hurt

Me duele – I hurt (singular)

= Me duele la espalda – I have backache

Me duelen – I hurt (plural)

= Me duelen los pies – I have sore feet

Le duele – He/She hurts (singular)

Le duelen – He/She hurts (plural)

Sentirse – To feel

Me siento – I feel

Le siente – He/She feels

The – Definite Article

El – masculine singular

La – feminine singular

Los – masculine plural

Las – feminine plural

Talking about meals

Para desayunar – For breakfast

Para comer – For lunch

Para cenar – For my evening meal

Para beber – For my drink

Estar – To be

Estoy – I am

Estás – You are (singular / informal)

Está – He/She is

Estamos – We are

Estáis – You are (plural / informal)

Están – They are

Tener – To have

*Tengo – I have

Tienes – You have (singular / informal)

Tiene – He/She has

Tenemos – We have

Tenéis – You have (plural / informal)

Tienen – They have

Querer – To want

Quiero – I want

Quieres – You want (singular / informal)

Quiere – He/She wants

Queremos – We want

Queréis – You want (plural / informal)

Quieren – They want

De primero – As a 1st course/starter

De segundo – As a 2nd course /main

De postre – As a dessert