



INSPIRING CHANGE ONLINE!



1

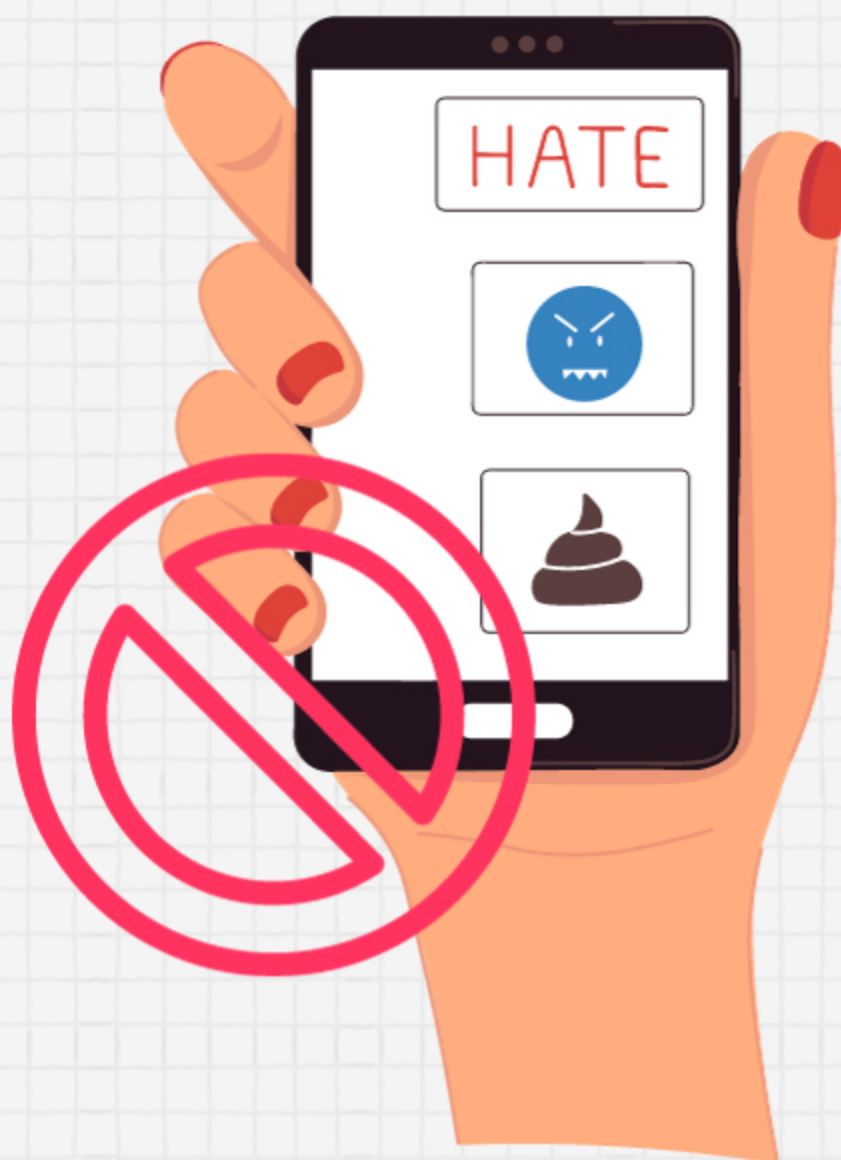
**Be kind to yourself
and others**

2

**Treat others the way
you wish to be treated**

3

**Report bullying to
a trusted adult**



4

**Don't copy the
behaviour of others if
it feels wrong**

5

**Don't spread unkind
rumours or gossip**

6

**Remember, we are all
different and may not
always agree**

7

**Don't speak out in
anger**

8

**Make amends if you
have upset someone**

9

**Don't say things online
you wouldn't face-to-face**

10

Be a good listener

